



## Master of Marriage and Family Therapy

### ABOUT THE PROGRAM

The Phillips Graduate Institute's Master of Marriage and Family Therapy (MMFT) program is designed to prepare graduates to work as licensed marriage and family therapists. Systems theories form the core of the academic program, as students are exposed to foundational concepts and the most cutting-edge, research based developments in clinical methodology.

#### LEARNING OCCURS ON THREE LEVELS:

Traditional academic instruction, skills training, and personal and professional growth.

Lectures and reading assignments are always complemented by hands-on practice. Students are challenged to explore their interpersonal processes in order to develop the personal qualities of excellent Marriage and Family Therapists. Our program respects and encourages students of diverse backgrounds to learn with and from each other, and to be prepared to work in complex, multicultural environments. The cohort model, where a consistent group of students goes through the program together, provides a context in which students learn about systems by reflecting on their cohort process as well as by academic study.

The MMFT program utilizes systemic and relational theories as the basis for academic learning and clinical skills training. Additionally, the program presents a broad array of models for assisting individuals, couples, families, and larger systems to develop and grow.

In practicum, students have support and careful advisement to locate appropriate sites for real-life therapeutic experience consistent with their clinical interests. Students are required to obtain practicum hours that provide clinical experience working with individuals, couples, and families.

The Phillips Graduate Institute's MMFT program at the Los Angeles Education Center of Campbellsville University is both experiential and applied in our educational philosophy. All faculty are licensed, practicing professionals with diverse specializations. Their professional and personal expertise enhances both the classroom experience and the post-graduation careers of our students.

### INFORMATION SESSIONS

To learn more about our Master of Marriage and Family Therapy program, join us for an upcoming information session on campus: [phillips.campbellsville.edu](http://phillips.campbellsville.edu)

### CLINICAL PLACEMENT

Students are required by the California state licensing board to complete hours of practicum experience (as determined by the academic program) at an approved agency prior to graduation. This practicum experience allows students to provide counseling services to clients under the supervision of licensed professionals. Students may begin their practicum experience after they have completed 12 units of coursework and have been designated by MFT faculty as trainees who are ready to begin clinical work.

Students may complete a portion of their clinical training, earning hours towards graduation and licensure, at our on-site facility, the California Family Counseling Center (CalFam). The MFT department also maintains a list of approved training sites throughout Southern California.

MFT-approved training sites include counseling centers, schools, community and public mental health facilities, and hospitals. While it is ultimately the student's responsibility to obtain a clinical placement, the faculty advisor and clinical placement director provide assistance and support with the process.

The student's experience in practicum provides a valuable link to community resources, clinical training opportunities, and professional organizations. Additionally, students begin obtaining their clinical hours toward MFT licensure in their practicum experience.

### CASE CONFERENCE

This course begins in the first term of the program and introduces students to real world psychotherapy practice, first as observers, then as co-therapists. It provides a hands-on training experience within a small group, which meets once a week.

Students observe actual therapy sessions conducted by a licensed therapist from behind a one-way mirror.

Students participate in discussion with the therapist/ instructor about the clinical work they have just observed. Students are invited to be part of the ongoing therapy as co-therapists or participants on a reflecting team. Through role plays and modeling, students learn communication principles and basic counseling skills that they will need as they begin to see their own clients in practicum. Because the curriculum is carefully designed as an integrated experience, students' participation in Case Conference will reflect the same foundational concepts that are being presented in their first year of academic courses.

### CAREER PATHS

Our MFT graduates pursue work in a variety of settings including:

- Private Practice
- Inpatient and Outpatient Facilities
- Employee Assistance Programs
- Hospitals and Health Maintenance Organizations
- Community and Public Mental Health Facilities
- Schools and Early Childhood Centers
- Social Services Agencies
- Courts and Correctional Facilities

A growing number of MFTs also work with other healthcare providers as members of comprehensive teams to provide integrated healthcare services.

## Sample Course Schedule

#### 60 TERM UNITS

##### First Term: (13 units)

- MFC502 Family Therapy: Systemic Approaches (3 units)
- MFC503 Developmental Psychology (3 units)
- MFC507 Foundations of Psychotherapy and Counseling (3 units)
- MFC518 Introduction to Research - I (1 unit)
- MFC519 Case Conference: Pragmatics and Human Communication (3 units)

##### Second Term: (12 units)

- MFC504 Diversity and Social Justice in Families, Schools, and Other Systems (2 units)
- MFC505 Family Therapy: Evolving Systemic Approaches (3 units)
- MFC520 Abnormal Psychology (2 units)
- MFC523 Case Conference/Practicum (3 units)
- MFC524 Assessment and Treatment in a Developmental Context (2 units)



##### Summer Term: (11 units)

- MFC529 Group Dynamics/Practicum (3 units)
- MFC549 Psychological Testing (3 units)
- MFC550 MFTs in Community Mental Health (2 units)
- MFC600 Fundamentals of Addiction (3 units)

##### Third Term: (13 units)

- MFC521 Introduction to Research - II (1 unit)
- MFC528 Couple Therapy (3 units)
- MFC531 Applied Therapeutic Methodology: Relational Therapy I (3 units)
- MFC532 Sexuality and Sex Therapy (1 unit)
- MFC533 Practicum - I (2 units)
- MFC539 Legal, Ethical, and Professional Issues (3 units)

##### Fourth Term: (11 units)

- MFC522 Professional Project (1 unit)
- MFC534 Applied Therapeutic Methodology: Relational Therapy II (3 units)
- MFC535 Practicum - II (2 units)
- MFC540 Professional Issues for Marriage and Family Therapists (2 units)
- MFC547 Psychopharmacology (3 units)

For more information, please contact the Enrollment Services Office at 818-386-5660 or [phillips@campbellsville.edu](mailto:phillips@campbellsville.edu)

## Program Schedule

- Our Master of Marriage and Family Therapy program is a 60-unit curriculum delivered on campus over five terms.
- One full day of class each week either on Saturday or on a weekday from 8 am to 5 pm.
- A three-hour weekly Case Conference section for the first two terms.
- Beginning as early as the second term, students start gaining practicum hours at a clinical placement site. The practicum experience extends throughout the remainder of the program. Students should expect to spend approximately 15-20 hours per week in clinical experience, training, and supervision in addition to regular class time.



### ADMISSIONS REQUIREMENTS

1. Bachelor's degree from a regionally accredited college or university
2. Minimum Cumulative GPA of 3.0

A "Grade Point Average Exemption Statement" may allow admission for applicants who do not meet the minimum GPA requirement.



### HOW TO APPLY

For complete information on the admission process, please contact the Enrollment Services Office at:

**818-386-5660**

or email

[phillips@campbellsville.edu](mailto:phillips@campbellsville.edu)

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The Los Angeles Education Center is an off-campus instructional site of Campbellsville University.

Visit us at [phillips.campbellsville.edu](http://phillips.campbellsville.edu)